



## Team Building

In today's competitive business environment, it is easy for individuals and groups to feel forgotten, disengaged or overlooked. Studies have shown that 97% of employees and executives believe that a lack of team alignment can impact on the outcomes of tasks or projects.

A motivated team, working together effectively makes a huge difference. At Wildgeese Leadership we are proud to use our extensive experience in leadership and training to create and provide bespoke team building programmes for groups from all sectors.

Using a mix of experience, games, practical exercises and examples to explore team dynamics we enable team members to see the value of working together as a cohesive unit. Learning what makes an effective team and how individuals impact on each other, the team and outcomes has a positive effect on morale and performance and improves engagement between team members.

By 'playing' with the team outside of their comfort zone we help them identify their strengths and weaknesses and that of the team collectively. This creates a new understanding of self and the team as a whole which leads to a more cohesive and productive unit.

## What we do

Wildgeese Leadership incorporates a number of different approaches during our Team Building programmes. These include:

- Practical and hands on exercises and games
- Structured debriefs with objective and constructive feedback
- Discussion and listening groups
- Exploration of team dynamics
- Identifying individual skills, strengths and development areas
- Learning what makes an effective team
- Case studies and team theory
- Making learning challenging and fun

Please get in touch if you would like more information, or to book one of our programmes.

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