



## Releasing Potential

At Wildgeese Leadership we believe that everyone has the potential to grow. Sometimes self-belief, confidence, not knowing what you want to achieve or how to get there can get in the way of achieving your potential.

Using a mix of coaching, theory, games, group work and case studies, Wildgeese Leadership helps you to discover and release your potential.

Working as a part of a group, meeting together every 4-8 weeks over 12 months, you will begin to achieve greater clarity about purpose and aspirations and how to achieve them. Because each individual and group is different our courses evolve and change as you follow your journey.

Discovering what motivates and drives you and what gets in your way allows you to explore your goals and gain new insights into yourself. Learning to recognise the impact you have on others, the importance of trust, how to take steps towards your goals, and how to bring about change enables you to realise your untapped potential.

By continuing your journey over 12 months, you receive the support to put everything that you learn into practice with increasing confidence and authenticity. This enables you to work and progress towards your goals and helps you to maintain your momentum and motivation.

The length of our programme allows you and your group to influence the content of your course to meet your own needs and requirements and creates a sense of accountability.

Please get in touch if you would like more information, or to book one of our programmes.

Joanna Young

01227 388143 [joanna@wildgeeseleadership.co.uk](mailto:joanna@wildgeeseleadership.co.uk)